

2009 Saskatchewan Al-Anon Adult Children Festival

JOURNEY TO SERENITY

2009: HOPE FOR TODAY

COMING OCTOBER 16 & 17, 2009
TO THE HERITAGE INN, SASKATOON

FRIDAY, OCTOBER 16, 2008

- 6:30 Ice Breaker
7:15 Kick-off Speaker
Kitty R, Carlsbad, California
8:30 Workshops (2):
Minding Your Own Business
Practicing These Principles
Meeting: Helping or Enabling?
9:45 4 By 10 (Four ten-minute speakers)

SATURDAY, OCTOBER 17, 2008

- 9:00 Eye Opener
9:30 Workshop:
Progress, Not Perfection (Sherri S.)
Meeting: Fear of Criticism
11:00 Al-Anon Speaker
TBA
12:00 Lunch Break
1:30 Workshop:
Promises of Al-Anon Recovery (Kitty R.)
Meeting: Honesty
3:00 AA Speaker:
TBA
4:00 Workshops (2):
Fun
Intimacy
Meeting: Gratitude
6:30 Mixer
7:00 Banquet
8:00 Keynote Speaker:
Sherri S., Newport News, Virginia
9:15 Dance

REGISTRATION FEES:

Full Weekend	\$42
Full Weekend (without banquet)	\$20
Alateen	\$27
Alateen (without banquet)	\$5
Friday Evening Only	\$8
Saturday sessions and Dance (with banquet)	\$34
(without banquet)	\$12
Dance Only	\$5

HOTEL ROOMS

Single	\$95
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FOR INFORMATION CALL:

Sharon P (306) 664-6505 • Karen K. (306) 668-5580
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Web: www.journey2serenity.net

Or Google: "adult children festival" or "al-anon festival"

Email: info@journey2serenity.net

REGISTER EARLY!

ONLY 130 FULL REGISTRATIONS AVAILABLE

*The Festival welcomes all members of Al-Anon or
Alcoholics Anonymous, or anybody with an interest in
the Twelve Steps of Recovery.*



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	WORKSHOP A	WORKSHOP B	MEETING
FRIDAY, OCTOBER 16, 2009			
6:30 p.m	Ice Breaker		
7:15 p.m	Kick-off Speaker: Kitty R., Carlsbad, California		
8:15 p.m	Break		
8:30 p.m	If it Doesn't Have Your Name On It - Don't Pick It Up Minding Your Own Business (Sharon P, Saskatoon)	Staying on the Path Practicing these Principles	Are You Walking With Someone, or Carrying Them? Helping vs. Enabling
9:30 p.m	Break		
9:45 p.m	Four By 10 (Four 10-minute speakers)		
SATURDAY, OCTOBER 17, 2009			
Saturday, October 18 9:00 a.m.	Eye Opener		
9:30 a.m	Missteps Progress, Not Perfection (Sherri S., Newport News, Virginia)	They Say I Walk Funny! Fear of Criticism	
10:30 a.m	Break		
11:00 a.m	Al-Anon Speaker TBA		
12:00 noon	Lunch Break		
1:30 p.m	The Gifts We Find on the Journey The Promises of Al-Anon Recovery (Kitty R., Carlsbad, California)	Walking the Straight and Narrow Honesty	
2:30 p.m	Break		
3:00 p.m	A.A. Speaker TBA		
4:00 p.m	Stop and Smell the Roses Fun	Sharing the Road Intimacy	Appreciating the Journey Gratitude
6:30 p.m	Fellowship		
7:00 p.m	Banquet		
8:00 p.m	Keynote Speaker Sherri S., Newport News, Virginia		
9:15 p.m	Dance		