

2010 Saskatchewan Al-Anon Adult Children Festival

# JOURNEY TO SERENITY

EXPERIENCE, STRENGTH & HOPE

COMING OCTOBER 15 & 16, 2010  
TO THE HERITAGE INN, SASKATOON

## FRIDAY, OCTOBER 15, 2010

- 6:15 Ice Breaker  
7:00 Kick-off Speaker  
*Charlie W., Westfield, Massachusetts*  
8:15 Workshops (2)  
9:30 4 By 10 (*Four ten-minute speakers*)

## SATURDAY, OCTOBER 16, 2010

- 9:00 Eye Opener  
9:30 Workshop  
11:00 4 By 10 (*Four ten-minute speakers*)  
12:00 Lunch Break  
1:30 Workshop  
3:00 AA Speaker: TBA  
4:00 Free Time  
6:00 Fellowship  
6:30 Banquet  
7:30 Keynote Speaker  
*Magdalena E, Seattle, Washington*  
9:00 Dance

## REGISTRATION FEES:

Full Weekend	\$42
Full Weekend (without banquet)	\$20
Alateen (banquet)	\$22
Alateen (without banquet)	FREE
Friday Evening Only	\$8
Saturday sessions and Dance	
(with banquet)	\$34
(without banquet)	\$12
Dance Only	7th Tradition

## FOR INFORMATION CALL:

Sharon P (306) 664-6505 • Ritchard I. (306) 668-5580

Web: [www.journey2serenity.net](http://www.journey2serenity.net)

Or Google: "adult children festival" or "al-anon festival"

Email: [info@journey2serenity.net](mailto:info@journey2serenity.net)

## REGISTER EARLY!

**ONLY 130 FULL REGISTRATIONS AVAILABLE**

*The Festival welcomes all members of Al-Anon or  
Alcoholics Anonymous, or anybody with an interest in  
the Twelve Steps of Recovery.*



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	WORKSHOP A	WORKSHOP B	MEETING
<b>FRIDAY, OCTOBER 15, 2010</b>			
6:15 p.m.	<b>Ice Breaker</b>		
7:00 p.m.	<b>Kick-off Speaker:</b> <i>Charlie W., Westfield, Massachusetts</i>		
8:00 p.m.	<b>Break</b>		
8:15 p.m. Workshops & Meeting	<b>Travelling in Circles</b> <i>Understanding the Family Disease</i> (Ritchard I, Saskatoon)	<b>Documenting the Journey</b> <i>A Writing Workshop</i> (TBA)	<b>Leaving the Baggage Behind</b> <i>A Meeting on Forgiveness</i>
9:15 p.m.	<b>Break</b>		
9:30 p.m.	<b>Four By 10 (Four 10-minute speakers)</b>		
<b>SATURDAY, OCTOBER 16, 2010</b>			
Saturday, October 16 9:00 a.m.	<b>Eye Opener</b>		
9:30 a.m. Workshop	<b>Taking the High Road</b> <i>A Walk Through the Steps</i> (Magdalena E., Seattle WA)		
10:30 a.m.	<b>Break</b>		
11:00 a.m.	<b>Four More by Ten</b>		
12:00 noon	<b>Lunch Break</b>		
1:30 p.m. Workshop	<b>Taking the Wrong Turn</b> <i>How we can screw up the slogans</i> (Charlie W., Westfield, MA)		
2:30 p.m.	<b>Break</b>		
3:00 p.m.	<b>A.A. Speaker</b> <i>Al H., Saskatoon</i>		
4:00 p.m.	<b>Free Time.</b> <i>Relax before the banquet.</i>		
6:00 p.m.	<b>Fellowship</b>		
6:30 p.m.	<b>Banquet</b>		
7:30 p.m.	<b>Keynote Speaker</b> <i>Magdalena E., Seattle, Washington</i>		
9:00 p.m.	<b>Dance</b>		