

*2014 Saskatchewan Al-Anon Adult Children Festival
with A.A. Participation*

JOURNEY TO SERENITY

2014: CAME TO BELIEVE

COMING OCTOBER 24 & 25, 2014
TO THE HERITAGE INN, SASKATOON

FRIDAY, OCTOBER 24, 2014

- 6:15 Ice Breaker
- 7:00 Kick-off Speaker
TBA
- 8:15 Workshops & Al-Anon Meeting
- 9:30 4 By 10 (*Four ten-minute speakers*)

SATURDAY, OCTOBER 25, 2014

- 9:00 Welcome
- 9:15 Three Ten Minute Speakers
- 10:00 Workshop: Came to Believe
- 11:30 Lunch Break
Alateen Lunch Meeting (Board Room)
- 1:30 AA Speaker: *TBA*
- 2:45 Workshops and Al-Anon Meeting
- 4:00 Free Time
- 6:00 Fellowship
- 6:30 Banquet
- 7:30 Keynote Speaker
TBA
- 9:00 AA Meeting (Board Room)
Dance

REGISTRATION FEES:

Full Weekend	\$60
Full Weekend (without banquet)	\$35
Alateen (banquet)	\$27
Alateen (without banquet)	FREE
Friday Evening Only	\$15
Saturday sessions and Dance (with banquet)	\$45
(without banquet)	\$20
Dance Only	7th Tradition

FOR INFORMATION CALL:

Tammy O. (306) 291-7550 • Ritchard I. (306) 290-1224

Web: www.journey2serenity.net

Or Google: "adult children festival" or "al-anon festival"

Email: info@journey2serenity.net

REGISTER EARLY!

ONLY 130 FULL REGISTRATIONS AVAILABLE

*The Festival welcomes all members of Al-Anon or
Alcoholics Anonymous, or anyone with an interest in
Twelve Step recovery.*



Schedule is tentative and subject to change

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TIMETABLE (Tentative - subject to change)

	WORKSHOP A	WORKSHOP B	MEETING
FRIDAY, OCTOBER 24, 2014			
6:15 p.m.	Fellowship		
7:00 p.m.	Kick-off Speaker: <i>To Be Announced</i>		
8:00 p.m.	Break		
8:15 p.m. Workshops & Meeting	What the Heck is Normal? <i>What the Heck is Normal?</i> TBA	Transforming our Losses <i>Growing Through Grief and Loss</i> TBA	Meeting <i>Anger, Rage and Victimhood</i>
9:15 p.m.	Break		
9:30 p.m.	Four By 10 (Four 10-minute speakers)		
SATURDAY, OCTOBER 25, 2014			
9:00 a.m.	Eye Opener		
9:15 a.m.	Came to Believe: Three 10-minute speakers		
9:45 a.m.	Break		
10:00 a.m. Workshop	The Journey Changes Us <i>A Panel Discussion/Workshop on the Theme of "Came to Believe"</i> Surprise Presenters		
11:30 am	Lunch Break	Alateen Luncheon <i>(Closed Alateen Meeting)</i>	
1:30 p.m.	A.A. Speaker <i>To Be Announced</i>		
2:30 p.m.	Break		
2:45 p.m. Workshops & Meeting	A Funny Thing Happened... <i>A Workshop on Joy and Humour</i> TBA	Seeing Alternative Paths <i>Letting Go of Obsession</i> TBA	Meeting <i>Detachment with Love</i>
4:00 p.m.	Free Time. <i>Relax before the banquet.</i>		
6:00 p.m.	Fellowship		
6:30 p.m.	Banquet		
7:30 p.m.	Keynote Speaker <i>To Be Announced</i>		
8:30 p.m.	Closing Remarks		
9:00 p.m.	Dance <i>9pm - Midnight</i>		AA Meeting <i>9-10 pm</i>